

805 Connects

"From a small seed a mighty trunk may grow."
—Aeschylus



Discover This Month

October is full of surprises, and 805 Connects is bringing the fun with Trick & Treat. Through our social recreation program, you'll find festive activities that spark connection, creativity, and seasonal mischief. Whether you're dressing up, sharing treats, or spending time with friends, this month is all about celebrating together.

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Creations by our talented participants!
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Electric Boat Ride at Ventura Harbor
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Monthly Moments: Fishing at Lake Casitas
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[Click Here](#)

English Newsletter Audio:
Click the button or scan the QR code.

Community Resources

All
Resources
are FREE!

Explore Ventura County events and resources to stay connected and supported.
Click a button or scan a QR code to learn more.



Open Studio Saturday

Every first Saturday | 11:00 AM - 4:00 PM

Location: Studio Channel Islands Art Center, Camarillo

① Free admission and parking; watch local artists create sculptures, paintings, and multimedia.



[Click Here](#)



Garden to Table Series: Edible Landscaping

Saturday, October 11, 2025 | 10:00 AM - 11:30 AM

Location: Hill Road Library, Ventura

① Free workshop on planning and growing edible gardens in Ventura's climate.



[Click Here](#)



Seaside Movie Night: Hocus Pocus

Saturday, October 11, 2025 | 5:30 PM - 8:30 PM

Location: Ventura Harbor Village

① Free outdoor movie night showing Hocus Pocus, live DJ, snacks vendors; costumes welcomed.



[Click Here](#)

Creations by our talented participants!





[Click Here](#)

Monday Madness	Terrific Tuesday	Wellness Wednesday	Thrilling Thursday	Fun Friday	Social Saturday	Super Sunday
		<p>Free ¹ Fishing at Port Hueneme Pier 11:30am-3:30pm Free Cooking Class: Make Your Own Apple Salad 4:30pm-7:30pm</p> 	<p>Free ² Health & Wellness: Intro to Weightlifting 11:30am-3:30pm Free Social Friendship Group: Establishing Your Circle of Friends 4:30pm-7:30pm</p>	<p>Free ³ Sandwiches & A Movie: Ghostbusters, 'Frozen Empire' 11:30am-3:30pm Free Halloween Office and Drop-In Center Decorations 4:30pm-7:30pm</p>	<p>Free ⁴ LoveVentura Projects Media Photo Team 8:30am-2pm Free with EBT Card Griffith Observatory 9am-4pm</p> 	<p>\$82 ⁵ Six Flags Magic Mountain Fright Fest 11am-11pm</p> 
<p>Free (3 Spots) ⁶ Ronald Reagan Library 9:30am-3:30pm Free Bingo Night with Prizes 4:30pm-7:30pm</p> 	<p>Free ⁷ Nature Explorers-Photography for newsletter at Maravilla Gardens 11:30am-3:30pm Free Baking Class: Spooky Spiderweb Brownies 4:30pm-7:30pm</p> 	<p>Free with EBT Card ⁸ Museum of Ventura County 11:30am-1pm Free with EBT Card Channel Islands Maritime Museum 1pm-3:30pm Free Cooking Class: Make your Own Pancakes 4:30pm-7:30pm</p>	<p>Free ⁹ Health & Wellness: Friendship Bracelet Craft 11:30am-2:30pm Free Social Friendship Group: Hosting an Event 101 5pm-7:30pm</p> 	<p>Free ¹⁰ Donuts with Coffee & A Movie: 'Halloween Ends' 11:30am-3:30pm Free 805's Got Talent with Prizes 4:30pm-7:30pm</p> 	<p>Free ¹¹ Ventura Harbor Village Seaside Outdoor Movie Night: 'Hocus Pocus' 4:30pm-9:30pm</p> 	<p>\$8 ¹² Electric Boat Ride Ventura Harbor 10:30am-1:30pm Free Flag Football with Anthony 4pm-6:30pm</p> 
<p>\$3 with EBT Card ¹³ S.B. Zoo 9:30am-3:30pm Free Zumba Health & Fitness 4:30pm-6pm Free Juice Bar & Recovery 6pm-7:30pm</p>	<p>Free ¹⁴ Art Sale & Lunch 11:30am-3:30pm Free Baking Class: Pigs in A Blanket Mummy 4:30pm-7:30pm</p> 	<p>Free ¹⁵ Beach Clean-Up at Ventura Marina Park 11:30am-3:30pm Free Cooking Class: Prepare Your Own Street Hot Dog 4:30pm-7:30pm</p>	<p>Free ¹⁶ Health & Wellness: Gentle Stretch 11:30am-3:30pm \$33 The Night of the Jack at King Gillette Ranch 4:30pm-9:30pm</p>	<p>Free ¹⁷ Chicken Tacos & Movie: 'Beetlejuice Beetlejuice' 11:30am-3:30pm Free Activity Night: Follow Along Canvas Halloween Painting 4:30pm-7:30pm</p>	<p>Free with EBT Card ¹⁸ Natural History Museum of L.A. 10am-5pm</p> 	<p>Free ¹⁹ Evening Fishing at Ventura Pier with a Fishing Expert 3:30pm-8:30pm</p> 
<p>\$3 ²⁰ Bowling at Buena Lanes 11:30am-3:30pm Free Uno Night with Prizes 4:30pm-7:30pm</p> 	<p>Free ²¹ Nature Explorers: Photography Serra Cross Conservancy 11:30am-3:30pm Free Baking Class: Easy Peanut Butter Spider Cookies 4:30pm-7:30pm</p> 	<p>Free with EBT Card ²² Ventura Botanical Gardens Nature Walk 11:30am-3:30pm Free Cooking Class: Copy Cat Egg McMuffin Sandwich 4:30pm-7:30pm</p>	<p>Free ²³ Health & Wellness: Follow Along Painting 11:30am-3:30pm Free Social Friendship Group: Tackle Your Fears 4:30pm-7:30pm</p> 	<p>Free ²⁴ Bagels with Hot Chocolate & Movie: 'The Forever Purge' 11:30am-3:30pm Free 805's Spooktacular Halloween Birthday Party 4:30pm-8:30pm</p>	<p>Free ²⁵ Camarillo Old Town Boo Fest 11:30am-4:30pm</p> 	<p>\$47 ²⁶ L.A. Clippers vs. Portland Trailblazers 12:30pm-11:30pm Free Flag Football with Anthony 4pm-6:30pm</p> 
<p>\$3 with EBT Card ²⁷ Santa Barbara National History Museum 9:30am-3:30pm Free Zumba Health & Fitness 4:30pm-6pm Free Juice Bar & Recovery 6pm-7:30pm</p>	<p>\$3 ²⁸ Discount Movie at Century 10 11:30am-3:30pm Free Baking Class: Reese's Cup Bats 4:30pm-7:30pm</p> 	<p>Free ²⁹ Pumpkin Carving Workshop 11:30am-3:30pm Free Cooking Class: Enchilada Casserole 4:30pm-7:30pm</p> 	<p>Free ³⁰ Health & Wellness: Pumpkin Painting 11:30am-3:30pm Free Social Friendship Group: The Art of Communication 4:30pm-7:30pm</p> 	<p>Free ³¹ Halloween Luncheon & Costume Contest with Prizes 11:30am-3:30pm</p> 	<p>Sign up for these Activities!</p>  <p>Click Here</p>	

3 New Class Alert!

Thrilling Thursdays: Fitness Fun!



Join Us every Thursday,
11:30am - 3:30pm

- Learn safe gym techniques
- Get faster results
- Connect with friends
- Boost your health
- Gain skills you'll use for life
- Save money

Sign-Up on Page 2

Greg's Commitment to Health



July 2024



Today

I've been working hard to take care of my health. With help from the staff, I've lost over 37 pounds by eating healthy and staying active. I enjoy using the treadmill and joining the Zumba classes with 805 Connects. At my recent regional center meeting, I proudly shared that I am reaching my goal of staying healthy and active.

Monthly Moments



On August 16th, we attended the L.A. Rams vs L.A. Chargers game!



We enjoyed a peaceful day of fishing at Lake Casitas on August 30.





[Click Here](#)

Access puzzles online: Click the button or scan the QR code.



Mind Benders



Across

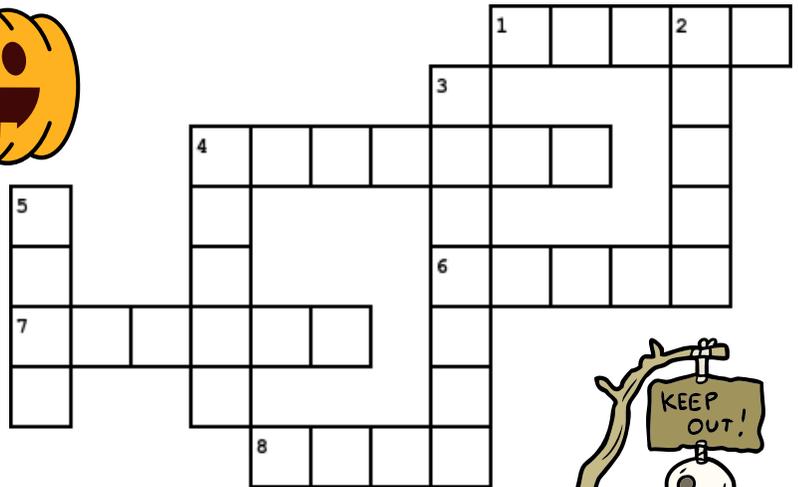
1. A white spirit in stories
4. Clothes you wear to pretend
6. A fun time with friends
7. Small creature with eight legs
8. Big light in the night sky

Down

2. Something that makes you afraid
3. Orange fruit carved for fun
4. Sweet treat in a wrapper
5. Cover you put on your face



Treat Yourself



Find the Candy!

F I E J L L D V I F C E P R D T O N D I
 Q S Y F X C B N R E T N A L O K C A J N
 U M K G H W L O D R Z B P U M P K I N G
 F X T U Q I U D O R R Z X B K A D N E V
 L H D H I W U G B W E B S Q K C D G R C
 L S P O O K Y G C I G S B J F Z R V A R
 W E F G R Z A J Q T K Q S U X Z T N U S
 K B N G E T E C Q C A P T U I U D M Z D
 D F T R E A T L S H K S A Z P Y A J G M
 T A P P L E N A O B W P Y U M S F W H Y
 B A Z U W H Z C H E P Q M N K C N P E S
 C T P A N A Q O E C O S T U M E U A R T
 G M A D P L D T D K W M O P R E V L I E
 G K B B E L Q C Q O B V U B K Y C Z P R
 N L O L I O O N P Y O V Q A C M T U M Y
 Q V Q T S W Y Z D G G R M Q I U A N A W
 K Y T K P E D V F I O T B R R V Q Y V F
 D A E S L E F I U W M M V E T H U K L V
 Z P N Y L N J V U D P O A S L W S H S P
 S C C G Y C H O C O L A T E Z L R G U I

Word Bank

- | | |
|--------------|---------|
| APPLE | MASK |
| BOO | MYSTERY |
| CANDY | PUMPKIN |
| CHOCOLATE | SPOOKY |
| COSTUME | SWEET |
| DOORBELL | TREAT |
| DRESSUP | TRICK |
| HALLOWEEN | VAMPIRE |
| JACKOLANTERN | WIG |
| MAKEUP | WITCH |



October 2025

Happy Birthdays & Anniversaries

3 Chad Timothy 1 year	15 Dustin	28 John
4 Rick 1 year Randolph 1 year	16 Jesse 1 year	29 Isaih
9 Jaime 1 year Cheri 1 year Jet 1 year Emily 1 year James 1 year Diane 1 year	17 Norton 1 year	30 Kristi 1 year Eric 1 year
	21 Angel	31 Michael
10 Jesse Victoria 1 year Stoney 1 year Antonio 1 year Tori 1 year	24 Greg 1 year	

Monthly Jokes

Q: Why don't skeletons fight each other?

A: They don't have the guts.

Q: How do you know if a vampire is sick?

A: He starts coffin.

Q: How do you stop a bull from charging?

A: Cancel its credit card.

Step Into the Spotlight

Share your photos and news with our team!

Email us at:

805Connects@NewslettersOnline.org

