805 Connects

"Time spent amongst trees is never wasted time."

— Katrina Mayer



Discover This Month

This edition of 805 Connects is all about getting outside and trying new things.
Discover useful community resources, exciting 805 Connects activities, and updates on our social recreation program.
Grab your water bottle, apply sunscreen, and step outside. Let's make the most of this adventurous month!

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New Class: Zumba See page 1.



Baking ClassesView more 805 Connects activities on page 2.



Deaf Culture, Part One See page 3.



Click Here

English Newsletter Audio: Click the button or scan the QR code.

Community Resources

Explore resources and events to stay connected and supported in our Ventura County community! Interested in any of these resources? Click the buttons or scan the QR codes to learn more.



California State Parks Free Pass Program Onaoina

Location: Borrow from Ventura County Library branches

Borrow a free pass from the library for free entry to 200+ California state parks. Beaches included.



Click Here



Free Comic Book Day

Saturday, May 3, 2025 | Store Hours Vary

Location: Sterling Silver Comics (Camarillo), Arsenal Comics and Games (Ventura), and A Hidden Fortress (Simi Valley)

Get free comic books from Marvel, DC, and more at participating comic book shops in Ventura County.



Click Here



New Class Alert

Zumba is Coming to 805 Connects!

View page 2 for dates and times

Move, groove, and have fun at our NEW zumba class, made just for our community.

No experience needed.



COME SEE US AT

THE DISABILITIES FAIR!

FREE entry, food, music, games & fun!

We'll be at the Conejo Valley Disabilities Fair, and **YOU'RE INVITED!**

Saturday, May 17

11:00am-3:00pm

Conejo Creek North
1379 E Janss RD,
Thousand Oaks, CA



Stop by our booth and say till



May 2025 Events & Activities

Sunday Bliss	Madness Monday	Tasty Tuesday	Wellness Wednesday	Thrilling Thursday	Fun Friday	Social Saturday
				FREE Hiking at CSU Channel Islands Park Loop and Blenders (Beginner) 12pm-3pm FREE Singles Group: Create Your Profile 5pm-7pm	FREE Westcoast Outdoors & Sportfishing Expo at El Pollo Loco 12pm-3pm FREE Santa Paula Cruise Night Car Show 5pm-7pm	FREE with EBT card Peterson Automotive Museum 11am-5pm
FREE Discover Aviation at Aviation Museum of Santa Paula 10am-2pm FREE Flag Football Camp with Anthony 4pm-6pm	FREE Cinco de Mayo Celebration 4pm-7pm	FREE Tifa Chocolate & Gelato and Walk at Camino Lake 12pm-3pm FREE Baking Class: Ham & Cheese Puff Pastry Sticks 5pm-7pm	FREE Bowling at Harley's Camarillo 12pm-3pm FREE Cooking Class: Bacon Grilled Cheese Sandwiches 5pm-7pm	FREE Fishing at Santa Barbara Pier 11am-3pm FREE Singles Group: The Art of Communication 5pm-7pm	FREE Fun Fridays: Dairy Queen & Oxnard Community Park 12pm-3pm	\$22.00 Los Angeles Zoo 10am-6pm
Mother's Day	\$3.00 S.B. Museum (with EBT card) 11am-3pm FREE Zumba, Health & Fitness 5pm-6pm FREE Healthy Recovery Snacks 6pm-7pm	FREE Crumbl Cookie & SAGE Garden Planting 12pm-3pm FREE Baking Class: No-Bake Cheesecake 5pm-7pm	FREE Movies at Regal Camarillo 12pm-3pm FREE	FREE Hiking at Mission Oaks Community Park Trail and Blenders (Beginner) 12pm-3pm FREE Singles Group: Identify Your Ideal Partner 5pm-7pm	\$91.00 Los Angeles Angels at Los Angeles Dodgers 2:30pm-10:30pm	FREE PS5 NBA2K23 Tournament 11am-3pm
FREE L.A. Museum of Tolerance (Free with EBT card) 11am-5pm FREE Flag Football Camp with Anthony 4pm-6pm	\$45.00 Six Flags Magic Mountain 10am-7pm	FREE Xhielo Artisan Desserts Oxnard & Channel Islands Harbor Walk 12pm-3pm FREE Baking Class: Ham & Cheese Croissants 5pm-7pm	FREE Bowling at Harley's 12pm-3pm FREE Cooking Class: Fettuccine Alfredo 5pm-7pm	FREE Fishing at Port Hueneme Pier 12pm-3pm FREE Singles Group: Strategies for Finding a Partner 5pm-7pm	FREE Fun Fridays: Chick-fil- A & Sports Activity at the Park 12pm-3pm FREE Macrame Plant Holder 5pm-7pm	FREE with EBT card California Science Center 10am-5pm
FREE Venice Beach Boardwalk 10am-4pm FREE Flag Football Camp with Anthony 4pm-6pm	\$3.00 with EBT card S.B. Botanic Garden 12pm-3pm FREE Zumba Health & Fitness 5pm-6pm FREE Healthy Recovery Snacks 6pm-7pm	FREE Pastries at Royal Bakery/Café and Uno 12pm-3pm FREE Baking Class: Waffles 5pm-7pm	FREE Movies at Regal Camarillo 12pm-3pm FREE Cooking Class: Skillet Lasagna 5pm-7pm	FREE Calleguas Creek Bike Path Hike and Blenders (Beginner) 12pm-3pm FREE Singles Group: Responsible Dating 5pm-7pm	FREE Fun Fridays: Foster's Freeze & Steckel Park Tour 12pm-3pm FREE Karaoke and Pizza Party 5pm-7pm	FREE Children of Many Colors Powwow at Oxnard College 11am-3pm

Interested in any of these events? Sign-up now! Scan the QR code or click the button.







Learning About...

Created By: Victoria W. & Samantha L.







Part One

Language and Communication: The Heart of Deaf Culture

ASL is a complete, **visual language** with its own **grammar**, distinct from English.

Name signs are personal identifiers given within the Deaf community; hearing people should NOT create them.

Communication is **direct** and **honest**, seen as a norm rather than rudeness.

Visual engagement is crucial, including **eye contact** and **clear visual cues** to get attention.





Identity and Community: Embracing Deaf Culture

Deafness is an **identity**, **NOT** a disability. Many Deaf individuals see themselves as part of a **vibrant cultural group**.

Deaf pride means **embracing** identity rather than seeking a "cure" like cochlear implants.

The community is **close-knit**, with shared **experiences** and **traditions**, often centered around Deaf schools.

"Deaf Gain" highlights the positive contributions and unique perspectives of the Deaf community.

Marlee Matlin (b. 1965): An Academy Award-winning actress and advocate for Deaf rights, known for using her platform to promote ASL and Deaf culture.



Mind Benders



Click Here

Access puzzles online: Click the button or scan the QR code.

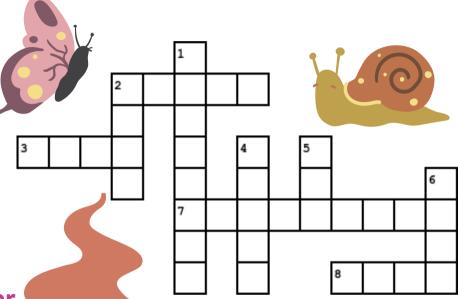
Across

- 2. A path you walk in nature
- 3. What you build to stay warm
- 7. A fun trip into nature
- 8. A strong shoe for walking

Down

- **1.** A bag you carry on your back
- **2.** A tall plant with branches and leaves
- 4. Water that moves through land
- **5.** What shines in the sky
- 6. A small place to sleep outdoors

Into the Great Outdoors



Wander & Wonder

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Word Bank

HIKING RIVER

PICNIC BOOTS

TRAIL PATH

NATURE FOREST

TREES SKY

BIRD EXPLORE

CAMP BACKPACK

TENT SUNSET

FIRE ROCK

MAP FRESH



May 2025



Happy Birthdays

2	Steven	13	Victoria	27	Jet
5	Jake	21	Roberto	31	Casey
7	Timothy	22	Stephen		

Monthly Jokes

Q: What has ears but cannot hear?
A: A cornfield!

Q: What does a cow do on a Saturday night?
A: Goes to the moo-vies!

Q: What kind of bird works at a construction site?A: A crane!

Got a story, photo, or event? Share it with us!

Email us at:

805Connects@NewslettersOnline.org

Together, we make this newsletter awesome!